

MONTH & YEAR \_\_\_\_\_

PLAN	SUNDAY	MONDAY	TUESDAY
HABITS TO ADOPT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SKILLS TO LEARN	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
THINGS TO AVOID	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PLACES TO GO	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PEOPLE TO SEE	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**THIS MONTH'S GOALS**

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**THIS MONTH'S WINS**

**HOW I'LL IMPROVE NEXT MONTH**

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